

Application to undertake Emergency First Aider role

at XXX RFC

Date:

Name of Club Rugby Safe Lead (RSL) undertaking Due Diligence in checking professional/in-service qualifications appropriate for the role:

Name of volunteer:			
Job role in which EFA experience has been gained			
Employer with which training completed:			
Professional Body? Last registration date and reference number where relevant:			
Professional/In-service Training gained appropriate to role (with last training date* and next refresher dates**): <i>*Must be within last 3 years</i> <i>** Must be within 3 years of last training date</i>			
Line Manager/HR or Training Dept. confirmation of this training	Name:	Signature:	Date:

Competency Criteria for Emergency First Aid training: **please confirm that training has covered the following areas:**

MODULE	LEARNING OUTCOMES The learner will:	ASSESSMENT CRITERIA The learner can:
Roles & Responsibilities	Understand the role and responsibilities of a first aider	1.1 Identify the role and responsibilities of a first aider 1.2 Minimise the risk of infection to self and others 1.3 Identify the need for consent to provide first aid
The Scene	Be able to assess an incident	2.1 Conduct a scene survey 2.2 Conduct a primary survey of a player 2.3 Summon appropriate assistance when necessary
The Recovery Position & Seizures	Be able to provide first aid to an unresponsive player	3.1 Justify when to place a player into the recovery position 3.2 Demonstrate how to place a player into the recovery position 3.3 Identify how to administer first aid to a player who is experiencing a seizure
Cardiopulmonary Resuscitation	Be able to provide first aid to an unresponsive player	4.1 Identify when to administer cardio pulmonary resuscitation (CPR) 4.2 Demonstrate CPR using a manikin 4.3 Demonstrate correct use of an AED
Restricted Airways	Be able to provide first aid to a player who is choking	5.1 Identify when choking is: (1) mild (2) severe 5.2 Demonstrate how to administer first aid to a player who is choking
Suspected Spinal Injuries	Be able to provide first aid to a player with a suspected spinal injury	6.1 Recognise a potential spinal injury 6.2 Demonstrate Manual In-line Stabilisation (MILS) 6.3 Demonstrate a log roll (if not breathing only)

MODULE	LEARNING OUTCOMES The learner will:	ASSESSMENT CRITERIA The learner can:
Suspected Fractures	Be able to provide first aid to a player with a suspect	7.1 Identify the different types of fracture 7.2 Administer first aid to a player with open fracture 7.3 Administer first aid to a player with closed fracture
Dealing with Shock	Know how to provide first aid to a player who is in shock	8.1 Recognise a player who is suffering from shock 8.2 Identify how to administer first aid to a player who is suffering from shock
Wounds & External Bleeding	Be able to provide first aid to a player with external bleeding	9.1 Identify the severity of external bleeding 9.2 Demonstrate control of external bleeding
Minor Injuries	Know how to provide first aid to a player with minor injuries	10.1 Identify how to administer first aid to a player with: > small cuts > grazes > bruises > small splinters 10.2 Identify how to administer first aid to a player with minor burns and scalds.
Continue to Play	Be able to carry out a pitch-side continue to play assessment	11.1 Identify the circumstances when it may be appropriate for a player to continue to play 11.2 Recognise the signs and symptoms of when a must should not continue to play 11.3 Demonstrate knowledge of the SALTAF assessment
Head Injury & Concussion	Know how to provide first aid to a player with a head injury and/or suspected concussion	12.1 Recognise a signs and symptoms of a suspected head injury or concussion 12.2 Administer first aid to a player with a suspected head injury or concussion 12.3 Demonstrate knowledge of the 4 Rs, Return to Play and concussion assessment.

- I have read and understood the HCP Guidance at <https://keepyourbootson.co.uk/rugbysafe-toolkit/community-rugby-first-aid-provision-and-information/>
- I confirm my professional/in-service training has covered the competencies above.

Applicant Signature:

Full name:

Date:

Club Use only:

Professional Body checks completed? Yes / No

RSL confirmation that due diligence has been undertaken satisfactorily and that this volunteer may be appointed as an Emergency First Aider for the following team/teams:

Team:

RSL Signature:

Date:

Once signed and agreed by all parties, a pdf copy of this form should be uploaded to the volunteer's personal GMS record. This should be reviewed every 3 years in line with the recommendation for external Emergency First Aid for Sport courses.

Once appointed in this manner, the club takes liability for any actions of the Emergency First Aider within the parameters of the role as described in the Club's Emergency First Aid Policy and Risk Assessment.

*Please note: if the First Aid role involves working with children under the age of 18 or with vulnerable adults, the club will need to undertake an **enhanced DBS** check on the volunteer before the role can be undertaken.*